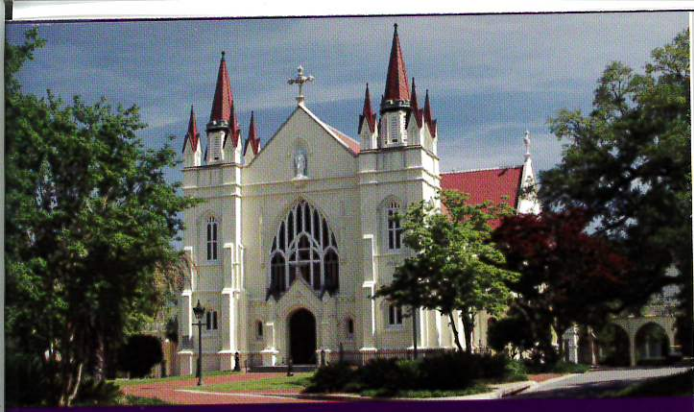


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COLLEGE



Spring Hill College

CROSS COUNTRY



Spring Hill College Mobile, Alabama

Spring Hill College is the first Catholic college in the Southeast, the third oldest Jesuit college and the fifth oldest Catholic college in the United States. The College is ranked 14th among the best Southern colleges and universities offering master's degrees in U.S. News & World Report's "America's Best Colleges," and is also listed 8th among "Great Colleges at Great Prices." The campus is home to approximately 1,400 students and rests on 400 acres in one of Mobile's most noted neighborhoods. It is naturally landscaped and features huge oaks, azalea-lined walkways and an 18-hole golf course. Several campus buildings are listed in the National Register of Historic Places.

Spring Hill has a long-standing record of excellence and a deep tradition in intercollegiate athletics. It is a member of the NAIA Gulf Coast Athletic Conference, which has schools in Alabama, Louisiana and Mississippi. The GCAC holds conference championships in these sports: men's and women's basketball, men's and women's soccer, men's and women's cross-country, volleyball, baseball, softball, men's and women's tennis, and men's and women's golf.

GENERAL FACTS:

Name of School: Spring Hill College
 City/State/Zip: Mobile, AL 36608
 Founded: 1830
 Enrollment: 1,400
 Nickname: Badgers (Men), Lady Badgers (Women)
 School Colors: Purple & White
 Home Facility: Arthur R. Outlaw Recreation Center
 Capacity: 2,000
 Affiliation: NAIA
 Conference: Gulf Coast Athletic
 President: Rev. Richard P. Salmi, S.J.
 Athletic Director: Jim Hall
 Alma Mater: Grinnell College, 1995
 Faculty Athletic Representative: David Dean, Ph.D.
 Athletic Department Phone: 251-380-3485
 Athletic Department Fax: 251-460-2196
 Sports Information Director: Jim Stennett
 Alma Mater: Mississippi State, 1990
 SID Phone: (251) 380-4468
 SID Email: jstennett@shc.edu
 Athletics Web Site: www.shcbadgers.com
 Facebook: SHCAthletics
 Twitter: SHCSID

COACHING STAFF:

Head Coach: Joe H. Williams
 Alma Mater (Year): Central State University, 1979
 Record at school/ years: 0-0-0/1st year
 Career record/ years: 0-0-0/1st year
 Office Phone: (251) 380-4464
 Email: jowilliams@shc.edu
 Assistant Coaches: Jerry Reynolds and Angelo Harris
 Athletic Trainer: Amy Pfitzinger, ATC
 Office Phone: 251-380-3493

MEN'S TEAM INFORMATION:

2008 GCAC Finish: 2nd out of 5 teams
 No. of runners returning/lost/new: 6/6/9

WOMEN'S TEAM INFORMATION:

2008 GCAC Finish: 3rd of 5 teams
 No. of runners returning/lost/new: 6/4/5

2008 SEASON RESULTS

Men's Results

Sept. 13 - Azalea City Invitational hosted by the University of South Alabama in Mobile, Ala. (5,000 meters). Team: Spring Hill College, 7th of 8 teams (164 points). **Individuals:** (62 runners) 18, Patrick Aucoin 17:02; 29, Will Kirkikis 17:37; 38, Mark Kirkikis 18:09; 43, Brian Otero 18:50; 58, Alex Coppejans 21:20; 59, Colten Biro 21:50; 62, Neilson Lea 22:53.

Oct. 11 - Great American Cross Country Festival hosted by the National Scholastic Sports Foundation, Inc. in Hoover, Ala. (8,000 meters). Team: Spring Hill College, 6th of 7 teams (170 points). **Individuals:** (59 runners) 19, Patrick Aucoin 28:06.4; 45, Will Kirkikis, 30:35.5; 52, Mark Kirkikis, 32:24.9; 54, David Otero 33:03.7; 55, Brian Otero 33:50.8; 59, Alex Coppejans 37:30.4.

Oct. 18 - 2008 Choctaw Open hosted by Mississippi College in Clinton, Miss. (4-miles). Team: Spring Hill College, 5th of 8 teams (111 points). **Individuals:** (57 runners) 4, Patrick Aucoin 21:04.90; 17, Will Kirkikis 22:10.09; 29, Mark Kirkikis 23:53.36; 32, Brian Otero 24:10.58; 38, Ben Lauber 24:50.88; 44, Brandon Arquette 25:32.77; 48, Christian Boyer 26:05.07; 54, Neilson Lea 33:28.50.

Oct. 25 - Mobile Rampage hosted by the University of Mobile in Mobile, Ala. (5,000 meters). Team: Spring Hill College, 2nd of 5 teams (48 points). **Individuals:** (34 runners) 1, Patrick Aucoin 16:26.15; 4, Will Kirkikis 17:08.08; 10, Mark Kirkikis 18:27.14; 11, Brian Otero 18:34.50; 22, Christian Boyer 19:26.43; 30, Ben Lauber 20:39.00.

Nov. 8 - 2008 Gulf Coast Athletic Conference Championships hosted by Belhaven College in Clinton, Miss. (8,000 meters). Team: Spring Hill College, 2nd of 5 teams (42 points). **Individuals:** (36 runners) 1, Patrick Aucoin 27:01.42; 6, Will Kirkikis 28:31.08; 9, Mark Kirkikis 30:31.54; 10, Brian Otero 30:38.28; 16, Christian Boyer 31:28.00; 30, Ben Lauber 35:49.79.

Nov. 22 - 2008 NAIA Championships hosted by the Kenosha Area Convention and Visitor's Bureau in Kenosha, Wis. (8,000 meters). **Individuals:** (331 runners) 212, Patrick Aucoin 27:06.6; 302, Will Kirkikis 28:55.6; 320, Mark Kirkikis 30:32.5.

ON THE COVER:

Seniors Mark Kirkikis, Kayla Fox, and Austin Fox

PHOTOS BY:

Keith Necaize

Women's Results

Sept. 13 - Azalea City Invitational hosted by the University of South Alabama in Mobile, Ala. (5,000 meters). Team: Spring Hill College, 6th of 8 teams (152 points). **Individuals:** (56 runners) 5, Kate Imwalle 19:35; 31, Melanie Ferry 23:22; 36, Stephanie Hoffman 23:54; 39, Maggie Meier 24:30; 44, Emily Stewart 25:18; 53, Gussie Altman 26:48; 54, Ashley Derenbecker 27:06.

Oct. 11 - Great American Cross Country Festival hosted by the National Scholastic Sports Foundation, Inc. in Hoover, Ala. (5,000 meters). Team: Spring Hill College, 7th of 8 teams (171 points). **Individuals:** (54 runners) 7, Kate Imwalle 19:40.5; 42, Ceci Venker 24:43.1; 43, Maggie Meier 24:56.3; 45, Ashley Derenbecker 25:36.6; 50, Gussie Altman 27:17.2; 51, Kari Wolfe 27:28.2.

Oct. 18 - 2008 Choctaw Open hosted by Mississippi College in Clinton, Miss. (5,000 meters). Team: Spring Hill College, 5th of 7 teams (103 points). **Individuals:** (57 runners) 1, Kate Imwalle 18:52.56; 23, Melanie Ferry 22:01.11; 31, Lynne Fritscher 22:59.76; 37, Ceci Venker 23:15.63; 45, Ashley Derenbecker 25:32.87; 46, Gussie Altman 25:34.44.

Oct. 25 - Mobile Rampage hosted by the University of Mobile in Mobile, Ala. (5,000 meters). Team: Spring Hill College, 2nd of 4 teams (50 points). **Individuals:** (31 runners) 1, Kate Imwalle 19:00.62; 11, Maggie Meier 22:40.04; 13, Melanie Ferry 22:44.88; 15, Ceci Venker 23:20.70; 18, Lynne Fritscher 24:09.00; 20, Emily Stewart 25:00.43; 23, Gussie Altman 25:26.51; 29, Ashley Derenbecker 26:32.49.

Nov. 8 - 2008 Gulf Coast Athletic Conference Championships hosted by Belhaven College in Clinton, Miss. (5,000 meters). Team: Spring Hill College, 3rd of 5 teams (65 points). **Individuals:** (33 runners) 1, Kate Imwalle 18:42.20; 12, Melanie Ferry 22:07.91; 14, Maggie Meier 22:33.20; 18, Stephanie Hoffman 23:11.09; 20, Lynne Fritscher 23:27.82; 22, Ceci Venker 23:34.29; 23, Ashley Derenbecker 23:58.97; 24, Emily Stewart 24:01.84; 26, Gussie Altman 24:23.93.

Nov. 22 - 2008 NAIA Championships hosted by the Kenosha Area Convention and Visitor's Bureau in Kenosha, Wis. (5,000 meters). **Individuals:** (327 runners) 129, Kate Imwalle 19:14.7.



2009 ROSTER

Men

Name	Class	Ht.	Wt.	Hometown/Previous School
Brandon Arquette	SO	6-0	160	Greenville, S.C./St. Joseph's Catholic
Christian Boyer	SO	6-1	175	Mobile, Ala./McGill-Toolen Catholic
Sean Christie	JR	5-9	155	New Orleans, La. Jesuit High
Bryan Dulion	FR	6-2	150	Pensacola, Fla./Pensacola Catholic
Robert Farrell	JR	5-9	172	Mobile, Ala./McGill-Toolen Catholic/SMU
Austin Fox	SR	6-0	160	Dothan, Ala./Houston Academy
Thomas Kinsey	FR	5-11	168	Fairhope, Ala./Fairhope High
Mark Kirkikis	SR	5-9	140	Kenner, La./Brother Martin High
Will Kirkikis	SO	5-4	126	Kenner, La./Brother Martin High
Matthew Mayeaux	FR	5-8	140	Long Beach, Miss./St. Stanislaus
Brian Otero	SO	5-8	150	Miami, Fla./Belen Jesuit Prep
David Otero	JR	5-6	140	Miami, Fla./Belen Jesuit Prep
Ben Pace	FR	5-8	135	Dallas, Texas/Jesuit College Prep
John Redman	FR	6-0	185	Spanish Fort, Ala./Spanish Fort High
Garrett Shoemaker	FR	6-0	165	Spanish Fort, Ala./Spanish Fort High

Women

Name	Class	Ht.	Hometown/Previous School
Kiearstan Carter	FR	5-2	Mobile, Ala./Murphy High
Lizzie Coppejans	JR	5-4	Mobile, Ala./McGill-Toolen Catholic
Ashley Derenbecker	SO	5-0	Bay St. Louis, Miss./Our Lady Academy
Blakely Duhé	JR	5-5	Mobile, Ala./McGill-Toolen Catholic
Kayla Fox	SR	5-7	Dothan, Ala./Houston Academy/Ole Miss
Lynne Fritscher	JR	5-5	Covington, La./St. Scholastica Academy.
Kate Imwalle	SO	5-3	Mobile, Ala./McGill-Toolen Catholic
Davanne Piccini	JR	5-3	Grand Bay, Ala./McGill-Toolen Catholic
Julie Sellers	FR	5-4	Lafayette, La./St. Thomas More High
Emily Stewart	SO	5-8	Mt. Juliet, Tenn./Father Ryan High
Ceci Venker	JR	5-6	St. Louis, Mo./Cor Jesu Academy

HEAD COACH

Joe H. Williams



Joe H. Williams of Mobile is in his first season as head coach of the Spring Hill College Men's & Women's Cross Country teams. He recently served as the Director of Physical Education at St. Luke's Episcopal School in Mobile where he also coaches track, volleyball and soccer. While at St. Luke's, he played an instrumental role in establishing cross country as a CMSAA sport and organized the school's first track club.

From 2004 to 2008, Williams was an assistant track coach at McGill-Toolen Catholic High School where he also served as the junior varsity track coach. He was an Activities

Therapist with Mobile Mental Health from 1993 to 1999, and prior to that career, he was an assistant track coach at the University of South Alabama in 1986-87 where he worked primarily with sprinters, hurdlers and jumpers.

Williams holds a BS in Biology from Central State University in Edmund, Okla., and an MS in Physical Education from Northwest Missouri State University in Maryville, Mo. He ran both track and cross country at CSU. Upon graduation, he began his coaching career as a graduate assistant in Track & Field at NMSU in 1981.



Brandon Arquette • SO



Christian Boyer • SO



Sean Christie • JR



Bryan Dulion • FR



Robert Farrell • JR



Austin Fox • SR



Thomas Kinsey • FR



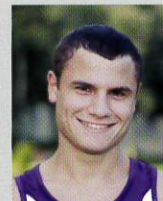
Mark Kirkikis • SR



Will Kirkikis • SO



Matthew Mayeaux • FR



Brian Otero • SO



David Otero • JR



Ben Pace • FR



John Redman • FR



Garrett Shoemaker • FR

2009 PREVIEW

Spring Hill College Cross Country Head Coach Joe Williams finds himself in an enviable position headed into his first season at the helm of the Badgers. His men's team features two runners that qualified for the 2008 NAIA National Championships and his women's team has the Gulf Coast Athletic Conference (GCAC) Female Runner of the Year returning for her sophomore season. Not many coaches can boast of such a talented roster entering their first campaign.

For the Badger men, brothers Mark and Will Kirkikis from Kenner, La., return after All-GCAC seasons in 2008 and qualifying for the NAIA National Championships. Mark, a senior, is the Badgers' most experienced runner and Will, a sophomore, was the second SHC finisher in every meet of last season. Also returning are brothers junior David Otero and sophomore Brian Otero of Miami, Fla., along with sophomores Christian Boyer from Mobile's McGill-Toolen Catholic High School and Brandon Arquette of Simpsonville, S.C.

Junior Sean Christie from New Orleans joins the squad following two years with the SHC men's soccer team and senior Austin Fox of Dothan, Ala., will look to bounce back after missing his junior year due to injury.

Williams also looks for two freshmen to make an immediate impact on the team. John Redman and Garrett Schumacher, both from Spanish Fort, Ala., have proven themselves to be ready for collegiate competition. "Both Redman and Garrett have shown very strong work ethics," says Williams. "I expect both of them to be in the front of the pack." Other freshmen looking to make their mark will be Bryan Dulion of Pensacola, Fla., Thomas Kinsey of Fairhope, Ala., Matthew Mayeaux of Long Beach, Miss., and Ben Pace from Dallas, Texas. Junior Robert Farrell from McGill-Toolen has transferred to SHC from Southern Methodist and looks for a big year in 2009.

On the women's team, sophomore Kate Imwalle from McGill-Toolen set numerous SHC records and won the 2008 GCAC Women's Individual Championship last season. Junior Lynne Fritscher from Covington, La., does double duty for the Badgers also playing for Coach Hans Laub's tennis team in the spring. St. Louis, Mo., native Ceci Venker scored in numerous events for the Badgers in 2008 and should continue to be a major factor in the new year. Sophomores Ashley Derenbecker of Bay St. Louis, Miss., and Emily Stewart of Mt. Juliet, Tenn., have shown the ability to shine and Williams expects great things from them.

Three former SHC runners return to the fold after missing 2008. Senior Kayla Fox of Dothan, the twin sister of Austin Fox from the men's squad, has recovered from hip problems and looks to finish her career with a strong showing. Mobile natives juniors Blakely Duhé and Lizzie Coppejans have also rejoined the team and should make an immediate contribution.

Freshman Celia Piccini from Grand Bay, Ala., Kiearstan Carter from Murphy High School in Mobile and Julie Sellers of Lafayette, La., have each impressed Williams with their dedication and team spirit. "The future for Spring Hill running is bright," he says. "The enthusiasm is contagious and hopefully it will produce great results in practice and in competition."



Kiearstan Carter • FR



Lizzie Coppejans • JR



Ashley Derenbecker • SO



Blakely Duhé • JR



Kayla Fox • SR



Lynne Fritscher • JR



Kate Imwalle • SO



Davanne Piccini • JR



Julie Sellers • FR



Emily Stewart • SO



Ceci Venker • JR

2009 BADGERS CROSS COUNTRY



2009 Spring Hill College *Men's* Cross Country Schedule

Date	Event	Host	Site
Sept. 5	Trojan Invitational	Troy University	Troy, Ala.
Sept. 19	Azalea City Classic	South Alabama	Mobile, Ala.
Oct. 3	UWF Stampede	West Florida	Pensacola, Fla.
Oct. 16	Choctaw Open	Southern Mississippi	Hattiesburg, Miss.
Oct. 24	Mobile Rampage	University of Mobile	Mobile, Ala.
Nov. 7	GCAC Championships	Xavier University	Clinton, Miss.
Nov. 21	NAIA National Championships	NAIA	Vancouver, Wash.

2009 Spring Hill College *Women's* Cross Country Schedule

Date	Event	Host	Site
Sept. 5	Trojan Invitational	Troy University	Troy, Ala.
Sept. 19	Azalea City Classic	South Alabama	Mobile, Ala.
Oct. 3	UWF Stampede	West Florida	Pensacola, Fla.
Oct. 16	Choctaw Open	Southern Mississippi	Hattiesburg, Miss.
Oct. 24	Mobile Rampage	University of Mobile	Mobile, Ala.
Nov. 7	GCAC Championships	Xavier University	Clinton, Miss.
Nov. 21	NAIA National Championships	NAIA	Vancouver, Wash.